Full Title (up to 300 characters):

Short title/heading (up to 75 characters):

AUTHORS (Please list all names in full):

Given Name Surname [ORCID],^{1,2} Given Name Surname [ORCID]¹ and Given Name Surname [ORCID]³

Institution Affiliation:

1. Department, Affiliation, City, State, Country; 2. Department, Affiliation, City, State, Country; 3. Department, Affiliation, City, State, Country

Abstract:

Insert abstract here to provide the context of the article. Use up to 160 words, unstructured. If submitting *original research*, this must be structured up to 250 words using the following headings: Background, Methods, Results, Conclusion, Trial Registration.

Keywords (Min 3 - max 7) Keyword 1, keyword 2, keyword 3, keyword 4

Disclosure: Disclose any conflicts of interests here OR add the following: The authors have no conflicts of interest to declare. Please ensure this is checked with all authors. Please note that if any of the authors are on the editorial board for the journal you are submitting to, this must be declared here. If submitting *original research* or *case reports*, please include any statements of informed consent, data availability statement and declarations of Helsinki. A supplementary <u>disclosure form</u> <u>must</u> be completed and uploaded with the submission.

Informed Consent/Consent to publish (for case reports/original research): Must be included where human subjects are involved. Please choose from one of the statement options provided in the author guidelines. If not applicable, please state here.

Data Availability Statement (for case reports/original research): Please choose from the statements provided in the author guidelines. If not applicable, please state here.

Ethics approval (for case reports/original research): If animal/human subjects are involved please choose from one of the two statement options from the author guidelines. If not applicable, please state so here.

Trial registration number (for *original research*, if applicable):

Funding (optional): Include grant numbers for all funders, where possible.

Acknowledgements (optional): For anyone that the author needs to thank and why, such as those who have made substantive contributions to the article but do not warrant full authorship, including receipt of financial assistance, materials and other resources. Co-first authors are also acknowledged here if needed.

Author contributions (for *original research*):

Conceptualisation: XXX, XXX; data curation: XXX, XXX; formal analysis: XXX, XXX; funding acquisition: XXX, XXX; investigation: XXX, XXX; methodology: XXX, XXX; project administration: XXX, XXX; resources: XXX, XXX; software: XXX, XXX; supervision: XXX, XXX; validation: XXX, XXX; visualisation: XXX, XXX; writing – original draft preparation: XXX, XXX; writing – review & editing: XXX, XXX

Correspondence: Given Name, Department, Affiliation, Affiliation Street Address, City, State, Postal Code, Country. E: email address

Word count (Excluding abstract and references):