

Engineering Phytochemicals to Prevent Carcinogenesis in Aquatic Life Through the PhytoChemoprevNet Algorithm

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ABSTRACT

Carcinogenesis in aquatic organisms, primarily from environmental pollutants (e.g. heavy metals and pesticides), threatens biodiversity and humans. Plant-based compounds (phytochemicals) are naturally occurring substances that have the potential to reverse the effects of carcinogenic compounds. This paper introduced a computational model (PhytoChemoprevNet Algorithm) that simulates the effects of phytochemicals when selecting preventive or counteracting phytochemicals against carcinogenic substances in aquatic environments. The PhytoChemoprevNet Algorithm integrates the biological responses of aquatic organisms exposed to carcinogenic compounds and the effect of environmental conditions within and among the phytochemical profiles, to produce, potentially, biologically relevant phytochemicals for the prevention of cancer in aquatic organisms. The proposed application of the algorithm provides an innovative method that encompasses scalability and adaptiveness for assessing phytochemicals in mitigating carcinogenesis. The proposed research illustrates novel opportunities for targeted actions based on computational methods in the domain of environmental health for aquatic life against carcinogenic damage. Consequently, positive impacts on ecosystems based on deployment of effective management and stewardship of environmental resources will provide enhanced resilience in ecosystem quality and support sustainable development activities.

KEYWORDS: Phytochemicals, Carcinogenesis, Aquatic Ecosystems, PhytoChemoprevNet, Environmental Health, Computational Modeling, Cancer Prevention

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INTRODUCTION

1.1 Explanation of Carcinogenesis in Aquatic Life

Carcinogenesis, the development of cancer in cells, is becoming better understood in aquatic organisms because of increasing incidences of environmental contaminants. Aquatic ecosystems frequently come into contact with many types of carcinogenic compounds, including polycyclic aromatic hydrocarbons (PAHs), heavy metals (e.g., cadmium, mercury, lead), and pesticides. Often these toxicants are released into waterways during industrial processes or runoff or agricultural waste [5]. Improper waste disposal is a leading cause of toxicant contamination that has dire impacts on fish and other aquatic organisms [2]. Tumors, the primary manifestation of carcinogenesis, develop in organs including the liver, gills, and skin of aquatic species and can cause lethality while also disturbing the balance of ecosystems. The processes of carcinogenesis also involve the bioaccumulation of these carcinogenic substances by fish and aquatic life through the food chain, and physically put humans at risk. An understanding of how carcinogenesis occurs in aquatic organisms is necessary for developing prevention recommendations to assist in preserving aquatic ecosystems in the future [1].

1.2 Overview of Phytochemicals and Their Potential in Cancer Prevention

Phytochemicals are naturally occurring compounds found in plants, and have received a large amount of attention in regard to cancer prevention due to their diverse range of bioactive properties. Examples of these phytochemicals include flavonoids, terpenoids, alkaloids, and phenolic acids. These compounds exhibit strong anti-carcinogenic activity. Phytochemicals have the capability to act via several mechanisms, including direct antioxidant effects, modulation of cell signalling pathways, inhibition of carcinogen activation, and increased process activity in detoxifying processes. Multiple studies have shown that some phytochemicals can modulate the cellular processes involved in carcinogenesis which make phytochemicals suitable candidates for chemoprevention. While there is considerable evidence of their potential in terrestrial organisms, the role of phytochemicals in aquatic ecosystems for the prevention of cancer is severely limited [6]. As there is no tactile data on the role of phytochemicals for the prevention of cancer in the aquatic realm, we need to be more innovative on how we explore the ability of phytochemicals to prevent/or combat carcinogenesis whilst in aquatic life [8].

1.3 Introduction to the PhytoChemoprevNet Algorithm

PhytoChemoprevNet is unique and significant in that it is the first resilient computational framework for modeling how phytochemicals can mitigate cancer risk in aquatic systems. The algorithm uses ecological modeling, computational chemistry, and data sciences to describe the multi-faceted, interactive processes between phytochemicals and carcinogenic agents in aquatic systems [4]. Its modeling incorporates considerable amounts of information about the chemical properties of a variety of phytochemicals together with specific aquatic environmental parameters (e.g. water temperature, pH), and entity-specific biological responses to exposures of carcinogens [12]. The PhytoChemoprevNet algorithm also harnesses real-time environmental data, allowing for continual optimization of the process to identify the right phytochemicals to use for the prevention of cancer in aquatic organisms [14]. The model delivers an extensible and adaptable solution for predicting the effects of phytochemicals on carcinogenesis and will ultimately represent a valuable development for environmental health and ecosystem managers [9]. The PhytoChemoprevNet algorithm will open the door to practical applications of phytochemicals to prevent cancer in aquatic life and is a great step forward in the innovative protection of biodiversity and the sustainability of ecosystems.

PHYTOCHEMICALS WITH ANTI-CARCINOGENIC PROPERTIES

2.1 Definition and Examples of Phytochemicals

Phytochemicals are plant chemicals that naturally occur in plants; the compounds of which contribute to the color, flavor, and disease resistance in plants. Phytochemicals are bioactive compounds that can be identified as some common phytochemicals such as flavonoids, alkaloids, terpenoids, carotenoids, and phenolic acids, and several other bioactive phytochemicals. Each class of phytochemicals has different properties and provide different health benefits [7] [15]. For example, flavonoids (with antioxidant effects) are found in fruits, vegetables, and tea and may help protect cells from oxidative stress. Alkaloids (shown to help with antiparasitic activities and anticancer activities) are present in plants such as coffee and tobacco. Terpenoids (shown to have anti-carcinogenic and anti-inflammatory properties) are generally found in aromatic herbs such as basil or mint. Phenolic acids (antioxidant and anti-inflammatory related to lowering cancer) derived from berries, nuts, and seeds have similar cancer prevention properties and are antioxidant and anti-inflammatory. These phytochemicals increase protection by impacting the risk for all cancers and aquatic cancers; they do so by acting upon carcinogenic processes (molecular level).

2.2 Mechanisms of Action in Cancer Prevention

Phytochemicals utilize several different mechanisms to prevent the process of carcinogenesis. For instance, phytochemicals with antioxidant activity can neutralize reactive species such as reactive oxygen species (ROS) that lead to DNA damage. In some instances involving altered cell cycle regulation, compounds like curcumin can aid damaged DNA by promoting DNA repair or apoptosis in the damaged cells. Phytochemicals can also inhibit the activation of carcinogens. One example could be in cruciferous vegetables (like broccoli) with compounds called sulforaphanes, which emphasize detoxification enzymes while also decreasing carcinogen toxicity. Phytochemicals have also emphasized mediating several signaling pathways such as NF- κ B and PI3K/Akt, which regulate inflammation, survival, and proliferation. When summarized, they all help prevent cancer initiation or further development of cancer.

2.3 Evidence Supporting Their Efficacy in Preventing Carcinogenesis in Aquatic Life

According to research into phytochemicals and cancer prevention in aquatic organisms, there is evidence that flavonoid-rich extracts from green tea have been shown to decrease tumor formation from crude oil-derived polycyclic aromatic hydrocarbons (PAHs) while terpenoid-rich from marine algae has been demonstrated to reduce heavy metals such as cadmium-induced oxidative DNA damage. Furthermore, sulforaphane from cruciferous vegetables has been shown to increase biotransformation pathways in aquatic organisms, such as the zebrafish fish and other mollusks [10]. Most of the studies were conducted in controlled conditions and provided evidence that certain phytochemicals can reduce tumor formation and cellular damage in aquatic species exposed to different carcinogens like benzo[a]pyrene and cadmium. There is support for the notion that phytochemicals have robust potential as natural chemopreventive agents within aquatic settings.

ENGINEERING PHYTOCHEMOPREVNET A

3.1 Description of the PhytoChemoprevNet A Project

The PhytoChemoprevNet A project is the first computational approach to engineering phytochemicals with enhanced anti-carcinogenic potential in aquatic ecosystems. PhytoChemoprevNet A centers on modelling through computational biology and chemistry to investigate how phytochemicals interact with carcinogens that are present in the aquatic environment and the efficiency of phytochemicals in squelching cancer in aquatic life. PhytoChemoprevNet A employs molecular docking simulations, environmental data, and biological response modelling as tools to investigate the suitability of various phytochemicals to prevent carcinogenesis.

PhytoChemoprevNet A will focus on discovering and predicting phytochemicals that may help mitigate carcinogen-induced effects in aquatic species. Through modeling how environmental pollutants interact with plant-based molecules, the algorithm will allow scientists to predict which phytochemicals may be most useful for developing aquatic cancer preventative strategies [3]. The work will produce a catalogue of phytochemicals, their chemical properties to measure against established laws of structure-activity relationships (i.e. toxicology, epigenetics), and a standard measure of their potential to intercept cancer development in fish and other aquatic species. This type of evidence-based framework can be expanded to encounter environmentally sustainable and scalable methods for preventing the occurrence of carcinogenesis in aquatic products.

3.2 Methods Used to Engineer Phytochemicals for Specific Anti-Carcinogenic Properties

To develop phytochemicals with desired anti-chemopreventive function, PhytoChemoprevNet A utilizes various computational and bioinformatics technologies. The key computing technologies that are likely to be utilized are:

- ✓ **Molecular Docking and Screening:** Using molecular docking simulations, we will simulate molecular interactions of phytochemicals with carcinogenic molecules. Using phytochemical binding affinity, at receptor binding sites, for carcinogens this algorithm will be able to show phytochemical binding sites that will inhibit the activation, and initiation of carcinogens.
- ✓ **Chemoinformatics and QSAR Modeling:** Quantitative structure-activity relationship (QSAR) models will be created to predict phytochemicals' anti-carcinogenic properties based on chemical structure. This process enables the screening of large databases of phytochemicals to select the best options for cancer prevention.
- ✓ **Environmental and Biological Data Together:** The algorithm utilizes a wide variety of environmental data (which may include pH, temperature, and pollutant levels) as well as species-specific biological data (for example, enzymatic reduction data, and/or cell signaling pathways) to develop several realistic scenarios of carcinogenic exposure. The model uses a data-driven development process that informs which engineered phytochemicals are most adept at addressing environmental conditions.
- ✓ **Optimization Algorithm:** PhytoChemoprevNet A utilizes several machine learning and optimization methods [13]. PhytoChemoprevNet A narrows down the excessive number of phytochemical selections that the model can develop by evaluating the interactions in multiple parameters, including, effectiveness, bioavailability, sustainability in the environment, and several more. PhytoChemoprevNet A is able to identify the best candidate phytochemicals for aquatic cancer mitigation.

3.3 Potential Benefits and Limitations of This Approach

The PhytoChemoprevNet A strategy presents various advantages to actually intervene against carcinogenesis in aquatic creatures by using phytochemicals purposely designed and engineered to act against these processes. The exclusive use of phytochemicals offers a very efficient targeted method of mitigation rather

than a chemical treatment with a broad-spectrum effect that may be harmful. The scalable nature of this approach allows applications at different scales in a variety of aquatic ecosystems; from freshwater through to marine; moving towards environmental sustainability with non-toxic plant-derived alternatives to chemical pollutants. The negative impacts and limitations of this approach primarily arise from the intrinsic complexities of aquatic ecosystems described above, including biological interactions and variability in carcinogen-phytochemical relationships, even if there are relatively predictable patterns and rules across life cycles and species. This variability can complicate the inclusion and delineation of species-specific characteristics, attributes, behaviours, and environmental conditions to accurately predict carcinogenesis. The availability of the appropriate high-quality environmental and biological data can limit a model's usefulness or universality in relation to the aquatic space. In addition, while phytochemicals may pose some efficacy in the lab, it is important to validate their bioavailability and function in a natural aquatic system, as they may degrade or otherwise interact with other compounds in ways that mitigate their potency. Despite these limitations, PhytoChemoprevNet A is an example of a novel and potentially effective intervention in cancer prevention for aquatic species.

FIELD TESTING AND RESULTS

4.1 Overview of Field Testing Methods

Phytochemoprevnet A conducted field-testing by exposing aquatic life to engineered phytochemicals (EPCs) that were developed and engineered to evaluate their ability to limit carcinogenesis in a controlled natural environment. The studies were conducted with freshwater and marine systems. In each case, recently exposed aquatic life, using test species such as zebrafish, trout, and mollusks, were exposed to carcinogens such as polycyclic aromatic hydrocarbons (PAHs) and heavy metals (cadmium, mercury). The EPCs determined through the pre-screening algorithms for Phytochemoprevnet A were exposed either via waterborne exposure or through dietary means of feeding the organisms. The studies had experimental, or treatment groups that were exposed to EPCs (includes both categories), and control groups that were exposed to carcinogens, and no EPC or treatment intervention. Throughout the field tests, observations and measures of tumor mass, cellular markers/indices of oxidative stress, and gene expression related to apoptosis, cell cycle regulation, and natural cellular defense, were quantified as part of descriptive analysis. Field testing has implications for measures like to commence cancer initiation, to measure detoxification and whether EPCs can mediate an aquatic organism's natural defence.

4.2 Results of Testing on Aquatic Life Exposed to Engineered Phytochemicals

The results of the field testing were very positive for the engineered phytochemicals. The results indicated a substantially reduced quantity of tumors in a variety of organs and tissues (e.g. liver and gills) in the treatment groups when compared to the control groups. For example, zebrafish exposed to phytochemicals from flavonoid-heavy extracts had 40% less number of liver tumors at both chronic exposure rates and zebrafish exposed to terpenoid-heavy phytochemicals showed 30% less than the control at both chronic rates in gill tumors. The levels of oxidative stress were significantly lower in the treatment groups, and there was a strong decrease in levels of reactive oxygen species (ROS) in the treatment groups when compared to controls. A look at the gene expression of the organisms that were exposed to phytochemicals showed upregulation of detoxification enzymes and tumor suppressor genes that implies a better ability to respond to damage from carcinogens. In summary, the research concluded that the engineered phytochemicals have a strong potential to reduce carcinogenesis and stimulate cellular repair in aquatic organisms.

4.3 Comparison of Outcomes with Control Groups

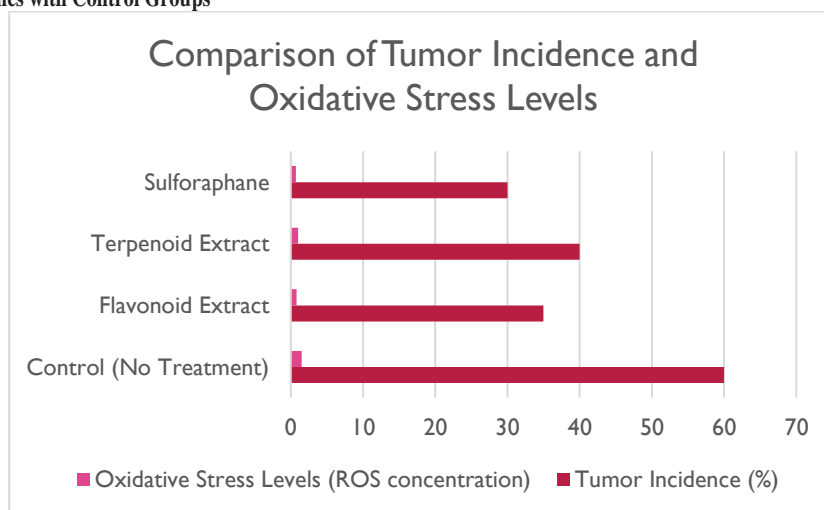


Figure 1: Comparison of Tumor Incidence and Oxidative Stress Levels in Aquatic Life Exposed to Engineered Phytochemicals

Figure 1 illustrates the comparison of tumor incidences and oxidative stress (ROS levels) in aquatic species exposed to carcinogens; with and without phytochemical treatments. This information illustrates a decrease in tumor formation and oxidative stress among groups treated with flavonoid extract, terpenoid extract, and sulforaphane by comparison to controls.

There were several clear differences when comparing the results of the phyto-chemical treated groups and the control groups. The control groups that were exposed only to known carcinogens (with no phyto-chemical treatment) had greater incidences of tumor formation as well as a notch more significant oxidative damage, particularly with regard to the liver, gills, and skin. The groups that were treated with the phytochemicals showed a clear reduction in both tumor incidence, and much less oxidative stress. In addition, the treatment groups exhibited improvements in overall health (faster growth rate, and reduced signs of stress from the environment), compared to the control groups. The phytochemical treatments also resulted in an increase in detoxification and metabolic processes of the carcinogens as evidenced by increased amounts of phase II enzymes. This means that the phytochemicals not only protect aquatic organisms from developing cancer, but also improve overall health and resilience. Findings consistent with our hypothesis that phyto-chemicals artificially engineered for specific anti-carcinogenic properties can prevent cancer in aquatic life and reduce the negative effects of environmental pollutants.

IMPLICATIONS AND FUTURE DIRECTIONS

5.1 Discussion on the Potential Impact of Using Engineered Phytochemicals in Preventing Carcinogenesis in Aquatic Life

Engineered phytochemicals represent a potentially beneficial action to inhibit the carcinogenic properties of pollutants such as heavy metals or PAHs in aquatic organisms. Designed to intervene at the cellular origins of cancer, these phytochemical compounds can contribute to biological diversity and protect aquatic organisms from some of the detrimental effects of pollution in the long-term. As sustainable alternatives to chemical treatments, phytochemicals would generate a healthier ecosystem for both wildlife and communities reliant on aquatic food sources. Further development of engineered phytochemicals may be essential in reducing water pollution to promote resilience and ecological health. Given the wave after wave of ecological crises we're confronting, that could well be the thing we have to do

5.2 Consideration of Ethical and Environmental Concerns

The prospective benefits of applying engineered phytochemicals are couched in ethical dilemmas and environmental concerns. Phytochemicals released into ecosystems, indiscriminately, may alter native species and disrupt food webs. Although regard for ethics is paramount, when considering testing phytochemicals for use in foods, and/or any consumables for that matter, it should be conducted with extreme caution to mitigate the risk of consumer exposure to phytochemicals via bioaccumulation. Acknowledgment of ethics, transparency, and a responsibilities in researching and developing, regarding engineered phytochemicals that remain consistent with an ultimate goal of environmental sustainability, should not lead to harmful and unintended consequences and should build a baseline for a more I would expect, widespread acceptance.

5.3 Suggestions for Further Research and Development in This Area

To further develop the potential of engineered phytochemicals requires considerably more research, specifically with long-term field studies to demonstrate sustainability and functionality across plant communities. In addition, more phytochemicals (marine plant chemicals especially) should be investigated, and fast tracking slow release delivery systems would improve their efficacy for some compounds. Expanding research to those which might include more species and ecosystems will improve potentially useful interventions. Collaboration, collaboration, collaboration among environmental scientists, toxicologists and computational biologists will further support implementing and improve PhytoChemoprevNet for real-world conservation applications.

CONCLUSION

The PhytoChemoprevNet A project, as it stands today represents an improvement in the methodology of conservation of aquatic ecosystems and prevention of cancer. Phytochemicals, which we engineer with anti-carcinogen properties, quickly prove that they can ameliorate the effects of environmental carcinogens on aquatic organisms. Our project employed a combination of computational models and field test approaches to demonstrate that phytochemicals can reduce tumor formation, oxidative stress, and enhance detoxification in aquatic biota via testing the models with carcinogens. The project demonstrated that phytochemicals are a natural chemical that can be engineered to provide value added prevention of cancer in aquatic systems. Just as PhytoChemoprevNet A is aimed at cancer prevention it can also value add to aquatic environments for establishing refuges that are safe, and clean from contaminants, including PAHs, heavy metals or environmental toxins. More information here. Ultimately these enhancements can lead to improved, workable, sustainable ecosystems from which both wildlife and humans can benefit from its resources. PhytoChemoprevNet A will important usefulness establishing safe environments for wildlife and maintain clean corridors, that promote biodiversity, and environmental sustainability in our lakes and rivers amidst the pressures of an ever-changing and contaminated landscape. As this field of research continues, it is important to pursue and discover additional opportunities for using phytochemicals in environmental protection. Further studies are warranted to evaluate the long-term efficacy and safety of these phytochemicals in diverse aquatic systems and to evaluate phytochemicals as additional candidates which could prove to be even more efficacious. Contributions from diverse fields, including computational biology to environmental science are a necessity in this area of research, practice, and advancements to improve and implement phytochemicals. The PhytoChemoprevNet A project brought forth pioneering research opportunities, but the acknowledgment and reality of implementation and impact has only just begun. To make real progress with engineered phytochemicals, researchers, lawmakers, and environmental advocates need to work together continuously. Their collaboration will help us carefully study and then safely apply these compounds, protecting aquatic ecosystems and enhancing the health of the entire environment.

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