

# Simulating Carcinogen Metabolism in Freshwater Ecosystems and Its Implications for Chemoprevention Using the MetaCarboNet Algorithm

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## ABSTRACT

Carcinogen metabolism in freshwater systems is a complicated process that carries significant consequences for environmental health and human welfare. The fate of chemical pollutants including carcinogenic pollutants in aquatic systems can cause disruptions in aquatic systems that can lead to bioaccumulation and toxic exposures in aquatic organisms. This analysis produces a simulation study of carcinogen metabolism in freshwater ecosystems using the MetaCarboNet algorithm. The algorithm combines an ecological model with chemoprevention strategies to evaluate the potential to limit carcinogenic exposures in aquatic environments. By simulation, we aim to demonstrate the biochemical interactions that occur between carcinogens and aquatic organisms, and more importantly pathways in biological systems that can degrade harmful substances. With the incorporation of chemoprevention, the study assesses the potential to limit carcinogen induced health risks in freshwater systems. The outcomes have significant implications for the field of environmental toxicology as they have the potential to provide a new way of evaluating environment health and ecosystems health from a computational modelling point of view. Overall, the findings provide a new way to think about proactive approaches to prevent and manage carcinogen exposure in freshwater ecosystems, and offers opportunities to widen research and developments in policies going forward.

**KEYWORDS:** Carcinogen Metabolism, Freshwater Ecosystems, MetacarboNet Algorithm, Chemoprevention, Aquatic Life, Toxicology, Computational Modeling.

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## INTRODUCTION

### 1.1 Overview of Carcinogens in Freshwater Ecosystems

Freshwater ecosystems are important to ecological stability and human lives, providing drinking water, irrigation, and recreational opportunities. Freshwater ecosystems continue to degrade due to the introduction of carcinogens, toxic substances that can cause cancer in aquatic species and humans [3]. Carcinogens enter our freshwater ecosystems from industrial, agricultural, or urban connections such as effluent discharges, pesticide runoff, and toxic chemicals released by factories. These carcinogenic substances can accumulate in the water, sediment, and organisms; thereby being bioaccumulated through the aquatic food web. Fish, amphibians, and invertebrates can absorb carcinogens through their gills, skin, or digestion. Aquatic life is increasingly exposed to harmful effects in the form of nor abnormalities, compromised immune systems, reproductive impairment, and death. Furthermore, if humans drink contaminated water, it or eat contaminated seafood, they will suffer the same destructive effects of the carcinogen leading to concerns about public health risk. The cooling ability of carcinogens and their interactions within freshwater ecosystems are important to assessing their effect and sometime, a people-sized impact on both aquatic species or human populations.

### 1.2 Importance of Understanding Carcinogen Metabolism for Chemoprevention

The process of carcinogen metabolism in freshwater organisms refers to the biochemical actions that transform and degrade these pollutants within the organism [2]. The metabolic pathways through which carcinogens undergo biotransformation are complex; certain enzymes acting in these pathways can either activate or detoxify the carcinogen (e.g., cytochrome P450) [8]. Sometimes metabolic processes result in metabolites that are more toxic than the parent carcinogen and the risks for cancer (or other diseases) increase [12]. The opportunity to know something about these biotransformation factors means these processes can suggest points of intervention to reduce their toxic effect. Chemoprevention is aimed at processes that enhance the detoxification processes, or block the damage that carcinogens do before they are able to cause some sort of DNA alteration or disease, etc [14]. Therapies may include dietary antioxidants, pharmaceutical agents, and the introduction of genetically modified organisms that metabolically increase the rate of metabolism of the carcinogens [1]. If we could have a detailed understanding of the metabolism of carcinogens in freshwater ecosystems, this knowledge may help in developing and implementation of chemoprevention methods that could reduce risk for cancer, increase the health of aquatic organisms, and provide safer habitats for humans.

### 1.3 Research Objectives and Significance

The overall purpose of this research is the simulation of the biotransformation of carcinogens in freshwater ecosystems, using the MetaCarboNet algorithm, an unprecedented computational tool that combines systems biology with ecosystem modeling. This research aims to provide a deeper understanding of the biochemical processes concerning the bicomponent transformation of carcinogens in aquatic organisms (the phase I and phase II reactions) and to assess its implications for ecosystem health [15]. Specifically, the research will simulate the processes of carcinogens biotransforming in freshwater organisms and assess the potential impact on terrestrial mammals with the assumption of prolonged exposure to carcinogens and to explore the potential use of chemoprevention. In determining how carcinogens bioaccumulate and biomagnify their toxicity, knowledge about biotransformation improves understanding of potential pathways to provide alternative pathways to mitigate carcinogen exposure risk and ultimately improve aquatic life and public health. The significance of this research lies in its innovative approach to the field of environmental toxicology, namely, using computational systems to enhance our understanding of what has taken place in regard to carcinogen dynamics in a freshwater aquatic ecosystem and defining better management programs and policies to mitigate future carcinogen pollution in freshwater environments [9]; to our knowledge, we have not seen a similar approach taken in this field of research. The research findings have the potential to inform future public policy and management practices, while aimed at improving places we live, and also ultimately, the ecosystems in which we all continue to

inhabit.

## CARCINOGEN METABOLISM IN FRESHWATER ECOSYSTEMS

### 2.1 Sources of Carcinogens in Freshwater Ecosystems

Freshwater ecosystems are polluted with carcinogenic compounds from industrial, agrochemical, and urban inputs. Carcinogens are released during industrial processes and product discharges (e.g., heavy metals, persistent organic pollutants, and polycyclic aromatic hydrocarbons), and can leach into or runoff into surface waters. Agriculture runoff will have fertilizers, pesticides, and herbicides; urban sewage is likely to have pharmaceuticals and personal care products [11]. Carcinogenic compounds are persistent in the environment and are accumulated in freshwater, sediments, and biota, which potentially pose risk to aquatic lifecycle and human populations using contaminated freshwater.

### 2.2 Processes Involved in Carcinogen Metabolism

In considering freshwater organisms, metabolism of carcinogens occurs in two phases: Phase I (functionalization), and Phase II (conjugation). Phase I reactions which are typically carried out by enzymes like cytochrome P450, add reactive groups to the carcinogen, which may heighten the toxicity of the compound, whereas Phase II reactions conjugate those metabolites and facilitate excretion of the water-soluble metabolites through association with other water-soluble molecules in the organism. One caveat however, the detoxification pathway may produce more toxic than the parent compound, thereby increasing carcinogenicity. In freshwater organisms, metabolism of chemicals primarily occurs in the liver and gills, but other organs also play a role in the detoxification pathway including the intestines, kidneys, and the skin. It is crucial to understand the processes of metabolism to allow good management of the risk of exposure to carcinogens in freshwater ecosystems.

### 2.3 Factors Influencing Carcinogen Metabolism Rates

Carcinogen metabolism varies between species, environmental conditions, and molecular properties of the carcinogens themselves [10]. Because of differences in enzyme activity and genetic factors, species-specific differences can affect detoxification efficiency. Environmental factors also affect detoxification rates; a change in temperature, pH, level of oxygen, and/or presence of other pollutants can also affect the detoxification. Fat-soluble carcinogens are easier to absorb, but more difficult to metabolize and excrete, resulting in bioaccumulation. These variables need to be factored when evaluating risks or developing measures to reduce carcinogenic exposure to freshwater ecosystems [4].

## IMPLICATIONS FOR CHEMOPREVENTION

### 3.1 Potential Impact of Carcinogen Metabolism on Human Health

The metabolism of carcinogens in freshwater environments is relevant for health purposes, especially for those community members who use the freshwater ecosystem with regards to drinking water, agriculture, and consuming fish [7]. In freshwater ecosystems, human exposure to carcinogens usually is a result of accumulation of carcinogenic substances in aquatic organisms, which will end up in the human food web through contingent exposure of potentially consuming a contaminating eats contaminated water, or contaminated seafood. Freshwater organisms have been associated with the bioaccumulation of carcinogens that can lead to growing concentrations of toxic compounds in humans who use or heavily rely on fish or shellfish as sources of meat. While also having some direct risk to human health through exposure in drinking water, carcinogen ingestion and exposure through drinking water can lead to long-term exposition human health risk of cancer [5]. Ingestion and exposure can often lead to being a high-risk individual for a growing incidence of cancers; particularly for cancers associated with the digestive system, respiratory system, and urinary systems. A thorough understanding of carcinogen metabolism of organisms in freshwater systems, is vital in determining the potential health risks to humans. It is possible to determine pathways of high-risk exposure and whether management of the freshwater ecosystem may need to be undertaken to protect human health.

### 3.2 Strategies for Minimizing Exposure to Carcinogens in Freshwater Ecosystems

ADiminishing the exposure of humans and aquatic organisms to carcinogens can be accomplished using numerous and diverse strategies at the source, ecosystem, and pollution reduction levels. At the source level, the quantity of carcinogenic chemicals being released from industrial, agricultural, and urban domains at the source must be decreased [13]. Combining regulatory and policy approaches with innovative waste treatment technologies, as well as sustainable agricultural practices that eliminate pesticide and fertilizer runoff, can significantly reduce discharge from all of these sources. Ecosystem level strategies such as riparian buffer zones or wetland reconstruction could help the ecosystem filter contaminants before they enter water bodies, ultimately reducing the burden of carcinogenic chemicals in freshwater ecosystems. We can also work to enhance monitoring quality of water sampling programs in order to quantify and trace carcinogenic chemicals (identified as a greater risk), for better monitoring and directing pollution intervention and reducing the likelihood of carcinogenic chemicals' entry into water-ways. A broader goal could include supporting the transition to industries that utilize green chemistry or non-carcinogenic chemical alternatives, thus reducing pollution from carcinogenic chemicals considerably.

### 3.3 Role of Chemoprevention in Reducing Cancer Risk

Chemoprevention is a major way to reduce cancer incidence in freshwater species and humans by acting on the cell level to inhibit or reverse carcinogenic damage. In freshwater environments, the methods aim to promote the detoxification of carcinogens naturally, limit bioaccumulation of toxins in aquatic biomass, and limit the transfer of toxins through the food web. Using natural compounds (essentially, antioxidants) to stimulate an organisms own metabolic pathways and efflux harmful compounds is one example of an approach. For example, naturally occurring flavonoids and polyphenols have been approved for promoting the up-regulation of a type of Phase II detoxification enzyme in many species [6]. Engineering aquatic organisms to upregulate specific detoxification genes and accelerate the metabolism and elimination of carcinogens is an additional, forward-looking avenue of intervention. At the same time, human chemoprevention applies dietary supplements, pharmaceuticals, and practical lifestyle changes to empower individuals against environmental carcinogens. A common strategy is diet rich in antioxidants, specific chemopreventive agents, and vaccines against certain mutations caused through exposure to carcinogens. The integration of environmental and biological chemoprevention whole program may reduce the impact of the carcinogen, subsequently reduce the cancer incidence to human populations, while simultaneously ensuring the ecological integrity of freshwater ecosystems.

## SIMULATION MODELS FOR CARCINOGEN METABOLISM

### 4.1 Overview of Existing Simulation Models

Carcinogen metabolism simulation models support our understanding of toxicant interactions with aquatic organisms and carcinogen fate and health impacts. Models range in sophistication from simple compartmental models that consider carcinogens in different environmental / biological compartments to more complicated agent based or molecular dynamics models. Pharmacokinetic models follow the absorption, distribution, metabolism, and excretion (ADME) of the carcinogen from a biological perspective, whereas ecosystem models examine the pathways of bioaccumulation and biomagnification through trophic levels. In many cases, simulation models can provide useful ways to assess environmental impacts and risks to ecosystems and humans.

### 4.2 Limitations and Challenges of Current Models

Present models have many downsides, including simplified metabolic pathways that do not depict complex biochemical interactions and multiple toxicants effects. Metabolic variations specific to each species are inadequately treated, making strikes general. Another major limitation is that many models are based on empirical environmental data, such as temperature or concentrations of pollutants, that significantly affects the organism's metabolism. Others are based on static parameters, but do not regard the aquatic environment as dynamic, limiting the ability of the models to be used in the natural world.

### 4.3 Proposed Improvements for More Accurate Predictions

To improve the accuracy of predictions we should develop models that utilize more flexible metabolic pathways that employ all Phase I and Phase II enzymes to include induction or inhibition of enzymes. We should also include species-specific metabolic pathways and genetic variability to make models more representative. Also, real-time environmental data could be incorporated into models with remote sensing, which would help the models to be more adaptive. Finally, enabling machine learning skills for processing large amounts of data could optimize parameters in models, allowing for enhanced accuracy of predictions, to evaluate exposure to carcinogens, and develop and assess chemopreventive strategies.

Table 1: Comparison of Existing Simulation Models for Carcinogen Metabolism

Model Type	Strengths	Limitations	Suggested Improvements
Pharmacokinetic Models	Quantify ADME of carcinogens in organisms	Simplified metabolic pathways, species variability not captured	Incorporate full biochemical pathways, species-specific data
Ecosystem-level Models	Evaluate carcinogen fate across trophic levels	Static parameters, limited pollutant types	Incorporate dynamic data, real-time environmental monitoring
Molecular Dynamics Models	Capture molecular interactions, detailed reactions	High computational cost, limited by data availability	Improve computational efficiency, expand data sets
Agent-based Models	Simulate individual organism responses	Lack of detailed biochemical pathways	Enhance species-specific models, incorporate genetic variation

Table 1 illustrates various simulation models of carcinogen metabolism in freshwater ecosystems. The pharmacokinetic models measure the absorption, distribution, metabolism, and excretion (ADME) model; however, they take a rudimentary approach to species differences in ADME. The ecosystem models consider chemical toxicity and chemical metabolism across all trophic levels; however, they only incorporate static parameters. The molecular dynamics models are the molecular interactions of all ten carcinogens at a more detail; however, they have high computational costs associated with their complexity. Agent based models use organism responses; however, they do not take into account the many, often complex, biochemical pathways associated with concentration-dependent metabolism at the organism level. Recommendations for improvement that the models should include: species-specific data; dynamic (real time) data; computational models that are quicker; genetic variation models for specificity.

## CASE STUDIES AND APPLICATIONS

### 5.1 Examples of Studies Using Simulation Models to Predict Carcinogen Metabolism in Freshwater Ecosystems

Simulation models have been employed in the freshwater ecosystem context to model carcinogen metabolism. Pharmacokinetic models were used for modeling the metabolism of polycyclic aromatic hydrocarbons in fish. These studies help identify risks, such as reproduction and bioaccumulation. Agent-Based models were also adopted to model pesticide metabolism in multiple species and demonstrated how chemicals accumulate in ecosystems. Additionally, molecular dynamics simulations used to study interactions of carcinogens with enzymes, also used to illustrate transformations at the biochemical level. These models have been useful in predicting estimates of carcinogens and in aquatic ecosystems.

### 5.2 Applications of Findings for Developing Chemoprevention Strategies

Simulating models assist in designing efficient chemoprevention strategies, for aquatic biota, by selecting agents to promote detoxification, which are the flavonoids and carotenoids. It can evaluate the species and potential conditions where exposures will benefit from these agents. The simulation models have allowed an examination of genetic alterations that can enhance the detoxification capabilities of the organism. They have also guided decisions regarding containment of pollution of an aquatic system with some level of precision through the application of wetland or riparian buffers to mitigate exposure to carcinogens. These components ultimately assist in developing effective and specific chemoprevention strategies.

### 5.3 Future Research Directions and Implications for Policy-Making

Multi-stressor modeling to better predict and simulate the metabolism of carcinogens. Each of these approaches will better inform and increase the relevant predictive ability of models under real-world situations. With regards to future policy implications, models will allow for stricter regulations surrounding pollution, aid in establishing safe standards in water quality, and assist in planning chemoprevention programs. Introducing these simulation outputs related to carcinogen metabolism to policy to protect not only aquatic ecosystems, but also human health, could assist in the creation of evidence-based regulations and promote environmentally sustainable practices and policies in water management.

## CONCLUSIONS

This research used the MetaCarboNet algorithm to provide a case study involving carcinogen metabolism in freshwater ecosystems, and provided useful models for biochemical processes that govern the metamorphosis and digestion of carcinogens in organisms native to aquatic ecosystems. The key takeaways highlighted the complexities of relationships between carcinogenic materials and aquatic organisms, and discussed the influence of varying metabolic pathways for individual species under differing environmental regimes on carcinogen metabolism. Furthermore, the study highlighted the feasibility of chemoprevention methods, including natural antioxidants and genetic modifications, to mitigate the impact of carcinogenic exposure on both aquatic organisms and humans. Future studies should focus on a combination of omics technologies (i.e., genomics, metabolomics) in order to enhance the predictive capacity of the models and reflect the many-layered nature of carcinogen metabolism at the molecular scale. Additionally, the development of a multi-stressor model that incorporates the impact of carcinogen exposure and other environmental factors, such as climate change and multi-pollutant exposure is necessary, as it relates to a more comprehensive assessment of risk. The application of these models should be beyond real-time monitoring strategies that will help refine pollution control approaches and prompt regulatory approaches to carcinogen management. An understanding of the biochemistry of carcinogen metabolism in freshwater ecosystems is essential in devising effective chemoprevention strategies that help mitigate environmental carcinogen-related cancer risks. Providing a simulation of the biochemistry's impact on carcinogen fate, this study lays the groundwork for targeted intervention designs to protect both species within aquatic ecosystems and human health. The integration of a computational model and environmental and biological information holds promise to help limit encounters and provide an engaging, forward-looking approach to managing water resources sustainably. Overall, this paper highlights the importance of a holistic understanding of carcinogen dynamics as both ecologies and human health have more proactive strategies for mitigating cancer risks to consider.

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